

PAYNEHAM ROAD UNITING CHURCH 26 April 2020 EASTER 3



Readings for today—Psalm 116:12-19

The psalmist is overwhelmed by the conviction that he is precious to the Lord. Verse 15 does not mean that God welcomes the death of the faithful: there is no suggestion here of a martyr complex. Rather, such a death is too costly for God to let it happen very often. So great is the speaker's gratitude that it cannot be kept secret. It is necessary to bear witness before the congregation and join with the faith community in offering thanksgiving. We do not know what yows he made (v.14), and whether he made promises to God that he would fulfil if he were delivered. Whatever the circumstances, his thanksgiving goes beyond clearing a debt owed to God. He publicly acknowledges his Deliverer, bearing witness to the God whose servant he aspires to be. For Jews, lifting the cup (a potent symbol) at the Passover meal was part of remembering and reliving the Exodus. Jesus gave new meaning to that cup. so that for his followers it became a cup of salvation and a symbol of thanksgiving. One of the names for the Lord's Supper is "Eucharist", from the Greek word to "give thanks". In this spiritual struggle in the Garden of Gethsemane, Jesus chose to drink the cup of suffering (Luke 22:42). For the psalmist, lifting the cup of salvation is an act of thanksgiving in the presence of God's people.

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BIBLE READINGS for May 3 2020 Easter 4

Acts 2:42-47 Psalms 23 Peter 2:9-25 John 10:1-10

The liturgical colour for Easter is WHITE

White symbolizes purity, holiness, and virtue, as well as respect and reverence. White is used for all high Holy Days and festival days of the Church Year, especially the seasons of Christmas and Easter, as well as for baptism, marriage, dedications, and in some traditions for the ordination of ministers. In some church traditions it is also used for funerals as a symbol of the resurrection.

Worship Service via Zoom live

Prospect Road Uniting Church is inviting you to a scheduled Zoom meeting.

Topic: PRUC Sunday Worship Service - live online

Time: Apr 26, 2020 09:50 AM Adelaide (service starts 10am)



Join Zoom Meeting

https://us02web.zoom.us/i/84071883468?pwd=R1U2TGRFdnE2S1Q2TmNvdVZwS2xzQT09

Meeting ID: 840 7188 3468

Password: PRUC

If you need help with this please contact Do Young before Sunday.

PRAYERS DURING COVID-19

We are invited to pray at 7 pm every night in response to Covid-19. We may only pray for a minute, or for 19 minutes or more, but either way, the message is simple: to seek God for his healing, strength and peace across our nation. We are also called to pray at 1pm for 1 minute for health workers every day. Our health workers are doing an incredible job at looking after those with the virus (and other conditions) and we pray for protection and safety over them as they tend to those who are sick. You can organise a virtual prayer meeting with those around you or pray over the phone with a family member, work colleague or friend.



PLEASE KEEP IN TOUCH

Please keep in contact with other congregational members. Try to phone, email or use social media with at least 2 people a week if possible.

Do Young would be happy to video your personal message to put on the church website. He will come to your home and video outside from 2 metres away. Please contact him if you would like to do this. This is a special opportunity to share with the community.

Thank you to...

Ray Gabell – For delivering "With love to the World"

John Bested - for looking after the church garden and grounds beautifully,

Amir Zakaria – for keeping the church and hall clean and hygienic

David Heilbronn— keeping our finance up-to-date and analysing the finance situation

 $\label{thm:concord} \mbox{Heather and Val-For their Council function as Chair and Secretary}$

All those who have helped/will help with the Zoom services on Sunday.

Thank you all for your prayers, support and contacting people in these unusual times.

From Rev. Do Young Kim

ANZAC DAY

Check out this compelling Anzac Day artwork which was just completed by artist lan Coate. Mr Coate says he loves telling stories through pictures.

"Hopefully these three silhouettes are a small reminder of the past sacrifice and loss on our behalf – it's the reason we stop to remember every Anzac Day. Lest we forget and repeat the past," he said.

This Saturday, 25 April, marks a very unusual Anzac Day for all Australians. While Anzac Day

services and activities across the state and the country have been cancelled, there have been a number of fantastic initiatives. suggested to ensure that Anzac Day is not forgotten and our service men and women are paid the respect and given the thanks that they deserve on this important day. The Australian War Memorial will broadcast the Anzac Day Dawn Service to the nation. commencing from 5.00am. The commemorative service will be attended by dignitaries representing the Commonwealth of Australia, the people of New Zealand, the Returned and Services League and veterans. There will be a ceremonial piper, didgeridoo player and bugler among other traditional elements. Wreaths will be laid by dignitaries representing the Commonwealth, people of Australia and New Zealand as well as by senior representatives of current and former veterans. The televised ceremony will provide an opportunity for all of us to safely pause in



our homes, in honour of veterans and the Australian spirit. Another way for Australians to commemorate the sacrifice of our service people is to join together in a nationwide movement at 6.00am on Anzac Day. Everyone is invited to step outside, light a candle for our veterans then go to the end of your driveway at 05:55am, knowing that Australians lining the streets everywhere, isolated at home. We will stand together, and share a minute's silence.

They shall grow not old, as we that are left grow old; age shall not wear them, nor the years condemn. At the going down of the sun and in the morning, we will remember them.



Children's Page

Dear Parents.

Today is the third Sunday in the season of Easter. Luke 24:19-31

Our Bible lesson this Sunday tells an amazing story about a day when someone important walked and talked with some men on the Road to Emmaus, but they didn't even recognize Him. Let's see what that might have been like for the men on the Road to Emmaus



One by one, have your guests say, "You are not going to

believe it, but two men were walking and talking with someone they didn't even recognize." After each guest says that sentence, allow kids to guess who it is by only hearing their voice. If a child guesses right, they get to take off their blindfold. After all the guests have had a turn, invite kids to take off their blindfolds. Tell kids to have them ready to hold over their eyes when given instruction.

Here's what the special man said to them: "Do you find it so difficult to believe what was written by the prophets in the Scripture? It was predicted by the prophets that the Messiah would have to suffer all these things before entering His time of glory." Do you have any guesses of who they were talking to on the road that day?

(Allow kids to guess who the men were talking to on the road.)

If you've heard this story before, you know the men were talking to Jesus even though they didn't realize it. For some of you, it was easy to guess who our special guests were today, but for others it was difficult.

These men on the road had just been through a hard time. They knew Jesus had been crucified so He would not have been their first guess of who they were talking to on the road. Jesus had to open their eyes to see it was Him.

Instruct kids to hold the blindfold over their eyes. Guide them to take the blindfold off their eyes when you say, "Open our eyes" in the prayer.

God, thank you that Jesus died for our sins. Not only did He die, but He defeated death and rose again. Thank You that Jesus is alive and working in the world today. Open our eyes, (kids take off blindfolds) because we want to see Jesus! In Jesus' name we pray, amen.

Thank you for sharing with your children!

Source from ; https://sermons4kids.com/

Our Church and Church Family

PLEASE PRAY FOR

- Betty Nunan, Marj Green, Andrew Randall, Ray Williams, Judy

Murdoch, Doug Faulkner, Bill & Grace Hancock, Bob & Beth Rankine,
Roger Wyatt, Jackie & Ray Gabell, Dennis Henschke, Brenton Taylor and
Ross Dawson

Our international students

Also for Val and Cate Watkinson. Cate lives in WA and is Val's daughter who has been suffering with MS for some time. Val of course is very worried about her and really needs our prayers.

APRIL BIRTHDAYS

Hayeon Kim (4th), Alan Davies (14th), Tangi Steen (21st), Betty Nunan (29th)



Toggish Asia

Greetings from Tonga...

Tangi sends her greetings from locked-down Tonga! She has just celebrated her 65th birthday with her colleagues and a lovely big cake.

Looking for something to do while social distancing?

The church garden is continuing to grow so if anyone wants some exercise by tidying up the garden, please contact John Bested and he will give you guidance.

Church Council will be meeting online using Zoom on Tuesday, 28 April, 2020. Time to be confirmed.

Wanted

The newsletter is a good communicating tool. I would encourage all of you to write a journal, prayer, story and anything you want to share please contact Do Young or Sharon.

From Heather

The website articles below are written for the American public but the principles and key points apply to us in Australia also. Note that the Centre for Disease Control (CDC) is now recommending to wear a mask when outside home - especially in areas where there could be/have been many people. (shopping, pharmacy, doctors surgery). Note also that if you need to visit a doctor ring the clinic reception first as most are now offering phone or video consults. (both GP's and specialists).

How do you know if you have a mild case of COVID-19 https://blogs.webmd.com/webmd-doctors/20200401/how-c

https://blogs.webmd.com/webmd-doctors/20200401/how-do-you-know-if-you-have-a-mild-case-of-covid19

How long does Coronavirus live of surfacesCoronavirus surfaces https://www.webmd.com/lung/how-long-covid-19-lives-on-surfaces

How does Coronavirus spread? https://www.webmd.com/lung/coronavirus-transmission-overview#1

If you need a mask let me know - I have some to give away. Alternatively review the website below on how to make your own cloth mask.

https://www.webmd.com/lung/coronavirus-transmission-overview#1

SA COVID-19 MENTAL HEALTH SUPPORT LINE

Uniting Communities is operating the South Australian COVID-19 Mental Health Support Line, established by the State Government to help those struggling with the current situation or with feelings of isolation. Counselling is offered over the phone and via video calls, along with referrals to a range of services if needed. The Support Line is open seven days a week from 8:00am to 8:00pm on 1800 632 753.

Have you Tried it yet!?

Last night for tea, I joined with my neighbours Margaret and David for our evening meal.....appropriately separated around a large table.!!! We ordered Vietnamese Cuisine from our very own church member Huy Nguyen......this has been advertised in our church news letter. It was great, so tasty. Delivered hot to the door. We had spring rolls, sate, and two different stir fries. Yumeee. If you haven't tried it yet, look up your news sheet and order yourselves a delicious meal, you will be so pleased you did, and you will be helping a family trying to support themselves thru this difficult time.

If you have lost the phone number it is 0478 134 357. Viet Wok— Home catering &take-away.

From Jan Carpenter

Australian Government Department of Health

https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/advice-for-people-at-risk-of-coronavirus-covid-19/coronavirus-covid-19-advice-for-older-people#protecting-yourself

Advice for Older People (part only)

Assistance with food and meals

Many Commonwealth funded providers, such as <u>Meals on Wheels</u>, can assist you with access to regular food supplies and prepared meals.

If you are in urgent need of support, you can call My Aged Care on 1800 200 422 and they can refer you directly to these services in your local area.

If you are not registered with My Aged Care and you are 65 years or over, you can call My Aged Care on 1800 200 422. My Aged Care will ask you some questions to help you register. Services can be set up quickly for up to 6 weeks without the need for an assessment. If you are already receiving aged care services, you can also arrange this directly with your provider.

Prioritised online grocery ordering

We have worked with a number of grocery suppliers, including Coles and Woolworths, on priority access to their online and telephone shopping service for older and vulnerable people.

If you are registered with My Aged Care, you can provide your My Aged Care ID number to access priority delivery.

If you are not registered with My Aged Care and you are 65 years or over, you can call My Aged Care on 1800 200 422. My Aged Care will ask you some questions to help you register.

My Aged Care

Visit the My Aged Care website to find information about and access to Australian Government–funded aged care services. If you have questions, you can call from Monday to Friday 8am to 8pm and Saturday 10am to 2pm.

1800 200 422

My Aged Care

History repeats itself. Came across this poem written in 1869, reprinted during 1919 Pandemic.

This is Timeless....

And people stayed at home

And read books
And Listened
And they rested
And did exercises
And made art and played
And learned new ways of being
And stopped and listened
More deeply
Someone meditated, someone or

Someone meditated, someone prayed And people began to think differently And people healed.

Submitted by Jan Carpenter

And in the absence of people who Lived in ignorant ways
Danger, meaningless and heartless,
The earth also began to heal
And when the danger ended and
People found themselves
They grieved for the dead
And made new choices
And dreamed of new visions
And created new ways of living
And completely herald the earth
Just as they were healed.



Prayers for the emergency Services

We pray for emergency services including paramedics, firepersons and police, everywhere trying to do their jobs during the Covid-19 pandemic. Especially we pray for the families and colleagues of the four police officers killed when hit by a truck on Wednesday while they were drug-testing and questioning a speeding driver of a on the Eastern Freeway in Victoria.

CONTACTS:

Minister: Rev. Do Young Kim

Council Chairperson: Heather Schubert
P: 0427 164 393 E: heather@recc.net.au

Congregation Chairperson: Rhonda Heilbronn
P: 0400 220 035 E: rkheilb@outlook.com

Acting Treasurer: David Heilbronn

P: 0434 053 976 E: djheilb@outlook.com

Administration / Newsletter editor: Sharon Mackenzie

P: 0438 706 957 E: administrator@paynehamroaduc.org.au

PRUC Website address:- paynehamroaduc.org.au